



INTERNATIONAL MILITARY SPORTS COUNCIL
CONSEIL INTERNATIONAL DU SPORT MILITAIRE
CONSEJO INTERNACIONAL DEL DEPORTE MILITAR

المجلس الدولي للرياضة العسكرية

MILITARY PENTATHLON



PART C

ANNEXES

Edition 2010

REGULATIONS FOR MILITARY PENTATHLON

PART C

ANNEXES

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Annex 1

1 CSC MILITARY PENTATHLON WEBSITE ADDRESS

www.militarypentathlon.org

2 CONTENT OF THE INVITATION FORM

- 1) Title of the competition
- 2) Dates
- 3) Address of the organiser (including phone and fax number, as well as e-mail address)
- 4) Invited countries
- 5) Program of training, competitions, official events
- 6) Technical information
- 7) Composition of the mission
- 8) Additional info on board and lodging, medical treatment etc.
- 9) Travel arrangements and travelling expenses
- 10) Immigration requirements
- 11) Permit to wear uniform
- 12) Informal agreement form according to Anx 3
- 13) Final entry form according to Anxs 4

3 INFORMAL AGREEMENT

Name of the competition

Date.....

Place.....

INFORMAL AGREEMENT

Nation:

To be sent back before:

To: (organiser's address)

.....

Copy to:

1) CISM General Secretariat

Rue Jacques Jordaens 26

B-1000 Brussels

2) Sport Committee President

Via e-mail

Contact address of participating delegation:

.....

Yes

No

Participation:

Total number of the mission:

Number of male competitors:

Number of female competitors:

Preliminary participation in the Obstacle Relay:

Yes

No

Men

Women

Date:

Signature:

Rank/Name

4 Final Entry

Name of the Competition

Date.....

Place.....

Nation:

To be sent back before:

To: (organiser's address)

.....

.....

Copy to:

3) CISM General Secretariat

Rue Jacques Jordaens 26

B-1000 Brussels

4) Sport Committee President

Via e-mail

Contact address of participating delegation:

.....

.....

Date of arrival: Time of arrival:

Place of arrival:

(Airport, Railway station etc.)

Means of transport:

Date of departure:..... Time of departure:.....

Border crossing:

(Place, Date, Time)

Type of weapons:		Serial number of weapons:
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Quantity of ammunition:

Participation in the Obstacle Relay:

	Yes	No
Men	<input type="checkbox"/>	<input type="checkbox"/>
Women	<input type="checkbox"/>	<input type="checkbox"/>

Miscellaneous (e.g. information on number of participants eating Islamic or Kosher food, etc.)

Date: _____

Signature: _____

Rank/Name

Name of the Competition
Date.....Place.....

COMPOSITION OF THE MISSION

Nation:

Function	Rank	Surname	Given Name	Gender
Chief of Mission				O male O female
Team Captain				O male O female
Coach Men				O male O female
Coach Women				O male O female
Ad Libitum				O male O female
CSC Member				O male O female

Function	Rank	Surname	Given Name	MILPENTIN	Newcomer
Athletes Men					
Athletes Women					
Additional Athletes					

Names of Athletes according to the MilPentIN List

Newcomer Cell: to be crossed on his/her first international competition season

All the announced athletes have met the qualification requirements according to MilPent General Rules Part A Par 7

Annex 4c

NATION :

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COMMITMENT BY THE CHIEF OF DELEGATION

In strict compliance with applicable CISM Regulations (CISM Policy Manual, Ch.III, art: 3.19), I, the undersigned Chief of Delegation, hereby officially confirm that all athletes representing my nation in the CISM event are on active duty in my nation's Armed Forces. I understand that sanctions may be imposed against my nation, my mission, my team, individual athletes, or myself for violation of this provision (CISM Policy Manual Ch1, Art: 1.11).

DATE: _____

: _____

SIGNATURE OF CHIEF OF DELEGATION

RANK/NAME: _____

COMMITMENT BY THE CHIEF OF MISSION

The undersigned, Chief of Mission declare that he has read the Article 3.28. of the CISM Policy Manual and moreover understood the following prescriptions:

A. Chief of Mission

1. Chiefs of Mission shall be familiar with CISM regulations.
2. Missions must not only participate or be present at sports events, they are also required to participate in information conferences on CISM, study days, commemorative and cultural events and ceremonies organized by the host nation.

B. Conduct of a mission

1. The Chief of Mission is responsible for the behavior of his team in sports and general discipline. He shall ensure that members of his mission respect the rules and directives prescribed by CISM and organizers of the championship. The respect of schedules is particularly important as they form the basis for the effective conduct of competitions and ceremonies. Instances of indiscipline or poor sportsmanship will be handled by Championship officials and may result in the disqualification of individual athletes or teams.
2. The Chief of Mission shall also enforce the rules concerning behavior and dress during the ceremonies. He plays an important role in promoting the CISM spirit among his mission, a spirit represented by friendly attitude towards other missions, courtesy towards organizers and fair-play in competition. The mission, who does not wear military uniforms during the opening ceremony of a Championship, will not be authorised to take part in the Championship. The Official CISM Representative will communicate this decision.
3. In conformity with the Statutes and traditions of CISM, any political or religious action during a CISM event, in particular the dissemination of propaganda documents, pictures, brochures, reviews, etc, is strictly forbidden. Any contravention shall result in the exclusion of the mission from further competition.

DATE: _____

: _____

SIGNATURE OF CHIEF OF MISSION

RANK/NAME: _____



5 MILITARY PENTATHLON CHECK-IN FORM



MILITARY PENTATHLON CHECK-IN FORM

COUNTRY

MEN - WOMEN

NC	MilPIN	Rank	Surname	Given Name				

NC = Newcomers (athlete competing for the first year on international level)

Cross out competitors not present in the table above

Competitors not included in the final entry: (Replacements)

The team captain has to fill in the times for obstacle run and swimming according to the ranking list available at the check-in.

Signature of Team Captain

6 EQUIVALENCE TABLE SHOOTING – MEN AND WOMEN

A result of 180 shooting points gives 1000 pentathlon points.

Every shooting point over (under) 180 gives 7 pentathlon points more (less, until 0 pentathlon points).

decade shooting points	unit shooting points									
	9	8	7	6	5	4	3	2	1	0
20										1140
19	1133	1126	1119	1112	1105	1098	1091	1084	1077	1070
18	1063	1056	1049	1042	1035	1028	1021	1014	1007	1000
17	993	986	979	972	965	958	951	944	937	930
16	923	916	909	902	895	888	881	874	867	860
15	853	846	839	832	825	818	811	804	797	790
14	783	776	769	762	755	748	741	734	727	720
13	713	706	699	692	685	678	671	664	657	650
12	643	636	629	622	615	608	601	594	587	580
11	573	566	559	552	545	538	531	524	517	510
10	503	496	489	482	475	468	461	454	447	440
9	433	426	419	412	405	398	391	384	377	370
8	363	356	349	342	335	328	321	314	307	300
7	293	286	279	272	265	258	251	244	237	230
6	223	216	209	202	195	188	181	174	167	160
5	153	146	139	132	125	118	111	104	97	90
4	83	76	69	62	55	48	41	34	27	20
3	13	6	0	0	0	0	0	0	0	0

7 EQUIVALENCE TABLE OBSTACLE RUN – MEN AND WOMEN

A result of 2:40.0 min gives 1000 pentathlon points.

Every second (1/10 second) under (over) 2:40.0 min gives 7 (0.7) pentathlon points more (less, until 0 pentathlon points).

min decade sec	unit seconds									
	0	1	2	3	4	5	6	7	8	9
2 min 0	1280	1273	1266	1259	1252	1245	1238	1231	1224	1217
2 min 1	1210	1203	1196	1189	1182	1175	1168	1161	1154	1147
2 min 2	1140	1133	1126	1119	1112	1105	1098	1091	1084	1077
2 min 3	1070	1063	1056	1049	1042	1035	1028	1021	1014	1007
2 min 4	1000	993	986	979	972	965	958	951	944	937
2 min 5	930	923	916	909	902	895	888	881	874	867
3 min 0	860	853	846	839	832	825	818	811	804	797
3 min 1	790	783	776	769	762	755	748	741	734	727
3 min 2	720	713	706	699	692	685	678	671	664	657
3 min 3	650	643	636	629	622	615	608	601	594	587
3 min 4	580	573	566	559	552	545	538	531	524	517
3 min 5	510	503	496	489	482	475	468	461	454	447
4 min 0	440	433	426	419	412	405	398	391	384	377
4 min 1	370	363	356	349	342	335	328	321	314	307
4 min 2	300	293	286	279	272	265	258	251	244	237
4 min 3	230	223	216	209	202	195	188	181	174	167
4 min 4	160	153	146	139	132	125	118	111	104	97
4 min 5	90	83	76	69	62	55	48	41	34	27
5 min 0	20	13	6	0	0	0	0	0	0	0
1/10 sec points	0 - 0.0	1 - 0.7	2 - 1.4	3 - 2.1	4 - 2.8	5 - 3.5	6 - 4.2	7 - 4.9	8 - 5.6	9 - 6.3

8 EQUIVALENCE TABLE OBSTACLE SWIMMING – MEN

A result of 31.5 sec gives 1000 pentathlon points.

Every second (1/10 second) under (over) 31.5 sec gives 24 (2.4) pentathlon points more (less, until 0 pentathlon points).

seconds	1/10 second									
	0	1	2	3	4	5	6	7	8	9
23	1204.0	1201.6	1199.2	1196.8	1194.4	1192.0	1189.6	1187.2	1184.8	1182.4
24	1180.0	1177.6	1175.2	1172.8	1170.4	1168.0	1165.6	1163.2	1160.8	1158.4
25	1156.0	1153.6	1151.2	1148.8	1146.4	1144.0	1141.6	1139.2	1136.8	1134.4
26	1132.0	1129.6	1127.2	1124.8	1122.4	1120.0	1117.6	1115.2	1112.8	1110.4
27	1108.0	1105.6	1103.2	1100.8	1098.4	1096.0	1093.6	1091.2	1088.8	1086.4
28	1084.0	1081.6	1079.2	1076.8	1074.4	1072.0	1069.6	1067.2	1064.8	1062.4
29	1060.0	1057.6	1055.2	1052.8	1050.4	1048.0	1045.6	1043.2	1040.8	1038.4
30	1036.0	1033.6	1031.2	1028.8	1026.4	1024.0	1021.6	1019.2	1016.8	1014.4
31	1012.0	1009.6	1007.2	1004.8	1002.4	1000.0	997.6	995.2	992.8	990.4
32	988.0	985.6	983.2	980.8	978.4	976.0	973.6	971.2	968.8	966.4
33	964.0	961.6	959.2	956.8	954.4	952.0	949.6	947.2	944.8	942.4
34	940.0	937.6	935.2	932.8	930.4	928.0	925.6	923.2	920.8	918.4
35	916.0	913.6	911.2	908.8	906.4	904.0	901.6	899.2	896.8	894.4
36	892.0	889.6	887.2	884.8	882.4	880.0	877.6	875.2	872.8	870.4
37	868.0	865.6	863.2	860.8	858.4	856.0	853.6	851.2	848.8	846.4
38	844.0	841.6	839.2	836.8	834.4	832.0	829.6	827.2	824.8	822.4
39	820.0	817.6	815.2	812.8	810.4	808.0	805.6	803.2	800.8	798.4
40	796.0	793.6	791.2	788.8	786.4	784.0	781.6	779.2	776.8	774.4
41	772.0	769.6	767.2	764.8	762.4	760.0	757.6	755.2	752.8	750.4
42	748.0	745.6	743.2	740.8	738.4	736.0	733.6	731.2	728.8	726.4
43	724.0	721.6	719.2	716.8	714.4	712.0	709.6	707.2	704.8	702.4
44	700.0	697.6	695.2	692.8	690.4	688.0	685.6	683.2	680.8	678.4
45	676.0	673.6	671.2	668.8	666.4	664.0	661.6	659.2	656.8	654.4
46	652.0	649.6	647.2	644.8	642.4	640.0	637.6	635.2	632.8	630.4
47	628.0	625.6	623.2	620.8	618.4	616.0	613.6	611.2	608.8	606.4
48	604.0	601.6	599.2	596.8	594.4	592.0	589.6	587.2	584.8	582.4
49	580.0	577.6	575.2	572.8	570.4	568.0	565.6	563.2	560.8	558.4
50	556.0	553.6	551.2	548.8	546.4	544.0	541.6	539.2	536.8	534.4
51	532.0	529.6	527.2	524.8	522.4	520.0	517.6	515.2	512.8	510.4
52	508.0	505.6	503.2	500.8	498.4	496.0	493.6	491.2	488.8	486.4
53	484.0	481.6	479.2	476.8	474.4	472.0	469.6	467.2	464.8	462.4
54	460.0	457.6	455.2	452.8	450.4	448.0	445.6	443.2	440.8	438.4
55	436.0	433.6	431.2	428.8	426.4	424.0	421.6	419.2	416.8	414.4
56	412.0	409.6	407.2	404.8	402.4	400.0	397.6	395.2	392.8	390.4
57	388.0	385.6	383.2	380.8	378.4	376.0	373.6	371.2	368.8	366.4
58	364.0	361.6	359.2	356.8	354.4	352.0	349.6	347.2	344.8	342.4
59	340.0	337.6	335.2	332.8	330.4	328.0	325.6	323.2	320.8	318.4

9 EQUIVALENCE TABLE THROWING – MEN AND WOMEN

A result of 170 throwing points gives 1000 pentathlon points.

Every throwing point (1/10) over (under) 170 gives 4 (0.4) pentathlon points more (less).

decade throwing points	unit throwing points									
	9	8	7	6	5	4	3	2	1	0
21	1196	1192	1188	1184	1180	1176	1172	1168	1164	1160
20	1156	1152	1148	1144	1140	1136	1132	1128	1124	1120
19	1116	1112	1108	1104	1100	1096	1092	1088	1084	1080
18	1076	1072	1068	1064	1060	1056	1052	1048	1044	1040
17	1036	1032	1028	1024	1020	1016	1012	1008	1004	1000
16	996	992	988	984	980	976	972	968	964	960
15	956	952	948	944	940	936	932	928	924	920
14	916	912	908	904	900	896	892	888	884	880
13	876	872	868	864	860	856	852	848	844	840
12	836	832	828	824	820	816	812	808	804	800
11	796	792	788	784	780	776	772	768	764	760
10	756	752	748	744	740	736	732	728	724	720
9	716	712	708	704	700	696	692	688	684	680
8	676	672	668	664	660	656	652	648	644	640
7	636	632	628	624	620	616	612	608	604	600
6	596	592	588	584	580	576	572	568	564	560
5	556	552	548	544	540	536	532	528	524	520
4	516	512	508	504	500	496	492	488	484	480
1/10 throwing point pentathlon points	9	8	7	6	5	4	3	2	1	0
	+ 3.6	+ 3.2	+ 2.8	+ 2.4	+ 2.0	+ 1.6	+ 1.2	+ 0.8	+ 0.4	+ 0.0

10 EQUIVALENCE TABLE CROSS-COUNTRY – MEN

A result of 28:00.0 min gives 1000 pentathlon points.

Every second (1/10 second) under (over) 28:00.0 min gives 1 (0.1) pentathlon points more (less, until 0 pentathlon points).

min decade sec	unit seconds									
	0	1	2	3	4	5	6	7	8	9
24 min 0	1240	1239	1238	1237	1236	1235	1234	1233	1232	1231
24 min 1	1230	1229	1228	1227	1226	1225	1224	1223	1222	1221
24 min 2	1220	1219	1218	1217	1216	1215	1214	1213	1212	1211
24 min 3	1210	1209	1208	1207	1206	1205	1204	1203	1202	1201
24 min 4	1200	1199	1198	1197	1196	1195	1194	1193	1192	1191
24 min 5	1190	1189	1188	1187	1186	1185	1184	1183	1182	1181
25 min 0	1180	1179	1178	1177	1176	1175	1174	1173	1172	1171
25 min 1	1170	1169	1168	1167	1166	1165	1164	1163	1162	1161
25 min 2	1160	1159	1158	1157	1156	1155	1154	1153	1152	1151
25 min 3	1150	1149	1148	1147	1146	1145	1144	1143	1142	1141
25 min 4	1140	1139	1138	1137	1136	1135	1134	1133	1132	1131
25 min 5	1130	1129	1128	1127	1126	1125	1124	1123	1122	1121
26 min 0	1120	1119	1118	1117	1116	1115	1114	1113	1112	1111
26 min 1	1110	1109	1108	1107	1106	1105	1104	1103	1102	1101
26 min 2	1100	1099	1098	1097	1096	1095	1094	1093	1092	1091
26 min 3	1090	1089	1088	1087	1086	1085	1084	1083	1082	1081
26 min 4	1080	1079	1078	1077	1076	1075	1074	1073	1072	1071
26 min 5	1070	1069	1068	1067	1066	1065	1064	1063	1062	1061
27 min 0	1060	1059	1058	1057	1056	1055	1054	1053	1052	1051
27 min 1	1050	1049	1048	1047	1046	1045	1044	1043	1042	1041
27 min 2	1040	1039	1038	1037	1036	1035	1034	1033	1032	1031
27 min 3	1030	1029	1028	1027	1026	1025	1024	1023	1022	1021
27 min 4	1020	1019	1018	1017	1016	1015	1014	1013	1012	1011
27 min 5	1010	1009	1008	1007	1006	1005	1004	1003	1002	1001
28 min 0	1000	999	998	997	996	995	994	993	992	991
28 min 1	990	989	988	987	986	985	984	983	982	981
28 min 2	980	979	978	977	976	975	974	973	972	971
28 min 3	970	969	968	967	966	965	964	963	962	961
28 min 4	960	959	958	957	956	955	954	953	952	951
28 min 5	950	949	948	947	946	945	944	943	942	941
29 min 0	940	939	938	937	936	935	934	933	932	931
29 min 1	930	929	928	927	926	925	924	923	922	921
29 min 2	920	919	918	917	916	915	914	913	912	911
29 min 3	910	909	908	907	906	905	904	903	902	901
29 min 4	900	899	898	897	896	895	894	893	892	891
29 min 5	890	889	888	887	886	885	884	883	882	881
1/10 sec points	0 - 0.0	1 - 0.1	2 - 0.2	3 - 0.3	4 - 0.4	5 - 0.5	6 - 0.6	7 - 0.7	8 - 0.8	9 - 0.9

min decade sec	unit seconds									
	0	1	2	3	4	5	6	7	8	9
30 min 0	880	879	878	877	876	875	874	873	872	871
30 min 1	870	869	868	867	866	865	864	863	862	861
30 min 2	860	859	858	857	856	855	854	853	852	851
30 min 3	850	849	848	847	846	845	844	843	842	841
30 min 4	840	839	838	837	836	835	834	833	832	831
30 min 5	830	829	828	827	826	825	824	823	822	821
31 min 0	820	819	818	817	816	815	814	813	812	811
31 min 1	810	809	808	807	806	805	804	803	802	801
31 min 2	800	799	798	797	796	795	794	793	792	791
31 min 3	790	789	788	787	786	785	784	783	782	781
31 min 4	780	779	778	777	776	775	774	773	772	771
31 min 5	770	769	768	767	766	765	764	763	762	761
32 min 0	760	759	758	757	756	755	754	753	752	751
32 min 1	750	749	748	747	746	745	744	743	742	741
32 min 2	740	739	738	737	736	735	734	733	732	731
32 min 3	730	729	728	727	726	725	724	723	722	721
32 min 4	720	719	718	717	716	715	714	713	712	711
32 min 5	710	709	708	707	706	705	704	703	702	701
33 min 0	700	699	698	697	696	695	694	693	692	691
33 min 1	690	689	688	687	686	685	684	683	682	681
33 min 2	680	679	678	677	676	675	674	673	672	671
33 min 3	670	669	668	667	666	665	664	663	662	661
33 min 4	660	659	658	657	656	655	654	653	652	651
33 min 5	650	649	648	647	646	645	644	643	642	641
34 min 0	640	639	638	637	636	635	634	633	632	631
34 min 1	630	629	628	627	626	625	624	623	622	621
34 min 2	620	619	618	617	616	615	614	613	612	611
34 min 3	610	609	608	607	606	605	604	603	602	601
34 min 4	600	599	598	597	596	595	594	593	592	591
34 min 5	590	589	588	587	586	585	584	583	582	581
35 min 0	580	579	578	577	576	575	574	573	572	571
35 min 1	570	569	568	567	566	565	564	563	562	561
35 min 2	560	559	558	557	556	555	554	553	552	551
35 min 3	550	549	548	547	546	545	544	543	542	541
35 min 4	540	539	538	537	536	535	534	533	532	531
35 min 5	530	529	528	527	526	525	524	523	522	521
1/10 sec points	0 - 0.0	1 - 0.1	2 - 0.2	3 - 0.3	4 - 0.4	5 - 0.5	6 - 0.6	7 - 0.7	8 - 0.8	9 - 0.9

36 min: Use table for 31 min and reduce with 300 pentathlon points

37 min: Use table for 32 min and reduce with 300 pentathlon points

38 min: Use table for 33 min and reduce with 300 pentathlon points

39 min: Use table for 34 min and reduce with 300 pentathlon points.

Annex 11

11 EQUIVALENCE TABLE OBSTACLE SWIMMING – WOMEN

A result of 35.0 sec gives 1000 pentathlon points.

Every second (1/10 second) under (over) 35.0 sec gives 24 (2.4) pentathlon points more (less, until 0 pentathlon points).

seconds	1/10 second									
	0	1	2	3	4	5	6	7	8	9
25	1240.0	1237.6	1235.2	1232.8	1230.4	1228.0	1225.6	1223.2	1220.8	1218.4
26	1216.0	1213.6	1211.2	1208.8	1206.4	1204.0	1201.6	1199.2	1196.8	1194.4
27	1192.0	1189.6	1187.2	1184.8	1182.4	1180.0	1177.6	1175.2	1172.8	1170.4
28	1168.0	1165.6	1163.2	1160.8	1158.4	1156.0	1153.6	1151.2	1148.8	1146.4
29	1144.0	1141.6	1139.2	1136.8	1134.4	1132.0	1129.6	1127.2	1124.8	1122.4
30	1120.0	1117.6	1115.2	1112.8	1110.4	1108.0	1105.6	1103.2	1100.8	1098.4
31	1096.0	1093.6	1091.2	1088.8	1086.4	1084.0	1081.6	1079.2	1076.8	1074.4
32	1072.0	1069.6	1067.2	1064.8	1062.4	1060.0	1057.6	1055.2	1052.8	1050.4
33	1048.0	1045.6	1043.2	1040.8	1038.4	1036.0	1033.6	1031.2	1028.8	1026.4
34	1024.0	1021.6	1019.2	1016.8	1014.4	1012.0	1009.6	1007.2	1004.8	1002.4
35	1000.0	997.6	995.2	992.8	990.4	988.0	985.6	983.2	980.8	978.4
36	976.0	973.6	971.2	968.8	966.4	964.0	961.6	959.2	956.8	954.4
37	952.0	949.6	947.2	944.8	942.4	940.0	937.6	935.2	932.8	930.4
38	928.0	925.6	923.2	920.8	918.4	916.0	913.6	911.2	908.8	906.4
39	904.0	901.6	899.2	896.8	894.4	892.0	889.6	887.2	884.8	882.4
40	880.0	877.6	875.2	872.8	870.4	868.0	865.6	863.2	860.8	858.4
41	856.0	853.6	851.2	848.8	846.4	844.0	841.6	839.2	836.8	834.4
42	832.0	829.6	827.2	824.8	822.4	820.0	817.6	815.2	812.8	810.4
43	808.0	805.6	803.2	800.8	798.4	796.0	793.6	791.2	788.8	786.4
44	784.0	781.6	779.2	776.8	774.4	772.0	769.6	767.2	764.8	762.4
45	760.0	757.6	755.2	752.8	750.4	748.0	745.6	743.2	740.8	738.4
46	736.0	733.6	731.2	728.8	726.4	724.0	721.6	719.2	716.8	714.4
47	712.0	709.6	707.2	704.8	702.4	700.0	697.6	695.2	692.8	690.4
48	688.0	685.6	683.2	680.8	678.4	676.0	673.6	671.2	668.8	666.4
49	664.0	661.6	659.2	656.8	654.4	652.0	649.6	647.2	644.8	642.4
50	640.0	637.6	635.2	632.8	630.4	628.0	625.6	623.2	620.8	618.4
51	616.0	613.6	611.2	608.8	606.4	604.0	601.6	599.2	596.8	594.4
52	592.0	589.6	587.2	584.8	582.4	580.0	577.6	575.2	572.8	570.4
53	568.0	565.6	563.2	560.8	558.4	556.0	553.6	551.2	548.8	546.4
54	544.0	541.6	539.2	536.8	534.4	532.0	529.6	527.2	524.8	522.4
55	520.0	517.6	515.2	512.8	510.4	508.0	505.6	503.2	500.8	498.4
56	496.0	493.6	491.2	488.8	486.4	484.0	481.6	479.2	476.8	474.4
57	472.0	469.6	467.2	464.8	462.4	460.0	457.6	455.2	452.8	450.4
58	448.0	445.6	443.2	440.8	438.4	436.0	433.6	431.2	428.8	426.4
59	424.0	421.6	419.2	416.8	414.4	412.0	409.6	407.2	404.8	402.4

12 EQUIVALENCE TABLE CROSS-COUNTRY – WOMEN

A result of 16:00.0 min gives 1000 pentathlon points.

Every second (1/10 second) under (over) 16:00.0 min gives 1 (0.1) pentathlon points more (less, until 0 pentathlon points).

min decade sec	unit seconds									
	0	1	2	3	4	5	6	7	8	9
13 min 0	1180	1179	1178	1177	1176	1175	1174	1173	1172	1171
13 min 1	1170	1169	1168	1167	1166	1165	1164	1163	1162	1161
13 min 2	1160	1159	1158	1157	1156	1155	1154	1153	1152	1151
13 min 3	1150	1149	1148	1147	1146	1145	1144	1143	1142	1141
13 min 4	1140	1139	1138	1137	1136	1135	1134	1133	1132	1131
13 min 5	1130	1129	1128	1127	1126	1125	1124	1123	1122	1121
14 min 0	1120	1119	1118	1117	1116	1115	1114	1113	1112	1111
14 min 1	1110	1109	1108	1107	1106	1105	1104	1103	1102	1101
14 min 2	1100	1099	1098	1097	1096	1095	1094	1093	1092	1091
14 min 3	1090	1089	1088	1087	1086	1085	1084	1083	1082	1081
14 min 4	1080	1079	1078	1077	1076	1075	1074	1073	1072	1071
14 min 5	1070	1069	1068	1067	1066	1065	1064	1063	1062	1061
15 min 0	1060	1059	1058	1057	1056	1055	1054	1053	1052	1051
15 min 1	1050	1049	1048	1047	1046	1045	1044	1043	1042	1041
15 min 2	1040	1039	1038	1037	1036	1035	1034	1033	1032	1031
15 min 3	1030	1029	1028	1015	1026	1025	1024	1023	1022	1021
15 min 4	1020	1019	1018	1017	1016	1015	1014	1013	1012	1011
15 min 5	1010	1009	1008	1007	1006	1005	1004	1003	1002	1001
16 min 0	1000	999	998	997	996	995	994	993	992	991
16 min 1	990	989	988	987	986	985	984	983	982	981
16 min 2	980	979	978	977	976	975	974	973	972	971
16 min 3	970	969	968	967	966	965	964	963	962	961
16 min 4	960	959	958	957	956	955	954	953	952	951
16 min 5	950	949	948	947	946	945	944	943	942	941
17 min 0	940	939	938	937	936	935	934	933	932	931
17 min 1	930	929	928	915	926	925	924	923	922	921
17 min 2	920	919	918	917	916	915	914	913	912	911
17 min 3	910	909	908	907	906	905	904	903	902	901
17 min 4	900	899	898	897	896	895	894	893	892	891
17 min 5	890	889	888	887	886	885	884	883	882	881
1/10 sec points	0 - 0.0	1 - 0.1	2 - 0.2	3 - 0.3	4 - 0.4	5 - 0.5	6 - 0.6	7 - 0.7	8 - 0.8	9 - 0.9

18 min: Use table for 13 min and reduce with 300 pentathlon points

19 min: Use table for 14 min and reduce with 300 pentathlon points

20 min: Use table for 15 min and reduce with 300 pentathlon points

21 min: Use table for 16 min and reduce with 300 pentathlon points

22 min: Use table for 17 min and reduce with 300 pentathlon points

13 SEQUENCE OF THE OBSTACLE RELAY

(for 12 or more participating teams)

RESULT OF THE DRAWING OF LOTS:

A	B	C	D

(selected from teams ranked 5 through 8 after the qualification)

QUALIFICATION:

Heat No.:	Lane	Starting Time	Nation	Running Time
1	1		e.g. 26	
	2		e.g. 25	
	1		6	
	2		5	
	1		4	
	2		3	
last heat	1		2	
	2		1	

The figures in column „Nation“ represent the ranking in the Obstacle Run team classification.

RANKING AFTER THE QUALIFICATION ROUND:

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
..	

QUARTERFINAL:

Quarterfinal No.:	Lane	Starting Time		Nation	Running Time
QF 1	1		Team Place 1		
	2		A		
QF 2	1		Team Place 4		
	2		B		
QF 3	1		Team Place 3		
	2		C		
QF 4	1		Team Place 2		
	2		D		

SEMI-FINAL:

Semi-final No.:	Lane	Starting Time		Nation	Running Time
SF 1	1		Winner QF 1		
	2		Winner QF 2		
SF 2	1		Winner QF 3		
	2		Winner QF 4		

HEAT FOR 3rd PLACE:

Lane	Starting Time		Nation	Running Time
1		Loser SF 1		
2		Loser SF 2		

FINAL:

Lane	Starting Time		Nation	Running Time
1		Winner SF 1		
2		Winner SF 2		

FINAL CLASSIFICATION:

1		5		9	
2		6		10	
3		7		11	
4		8		12	

SEQUENCE OF THE OBSTACLE RELAY

(for less than 12 participating teams)

RESULT OF THE DRAWING OF LOTS:

X	Y

(selected from teams ranked 3 and 4 after the qualification)

QUALIFICATION:

Heat No.:	Lane	Starting Time	Nation	Running Time
1	1		e.g. 10	
	2		e.g. 9	
	1		6	
	2		5	
	1		4	
	2		3	
last heat	1		2	
	2		1	

The figures in column „Nation“ represent the ranking in the Obstacle Run team classification.

RANKING AFTER THE QUALIFICATION ROUND:

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	

SEMI-FINAL:

Semi-final No.:	Lane	Starting Time		Nation	Running Time
SF 1	1		Team Place 1		
	2		X		
SF 2	1		Team Place 2		
	2		Y		

HEAT FOR 3rd PLACE:

Lane	Starting Time		Nation	Running Time
1		Loser SF 1		
2		Loser SF 2		

FINAL:

Lane	Starting Time		Nation	Running Time
1		Winner SF 1		
2		Winner SF 2		

FINAL CLASSIFICATION:

1		5		9	
2		6		10	
3		7		11	
4		8			

14 CHALLENGE CUPS

The following challenge cups are presented to the winners on occasion of the World Military Championships:

- The men team cup donated by the Minister of the French Forces in the name of Colonel Henri Debrus, founder of the competition in 1950
- The men individual cup men donated by the Turkish Armed Forces in 2003.
- The Obstacle Relay Cup for male team donated by the Croatian Minister of Defence in 1999.
- The women team cup donated by the CISM Sport Committee in 2010.
- The women individual cup donated by the the Danish Chief of Defence in 2000.
- The Obstacle Relay Cup for female team donated by the Dutch Delegation in 2010.

⇒ Statutes and photos of the challenge cups see Annexes 13A – 13F.

15 STATUTES FOR THE TEAM MEN CUP AND PHOTO

1. The Challenge Cup was donated by the Minister of the French Forces in the name of Colonel Henri Debrus, founder of Military Pentathlon **in 1950**.
2. The Challenge Cup is made of brass. It shows the CISM emblem with the inscription on the front:

CONSEIL INTERNATIONAL DU SPORT MILITAIRE

On the bottom of the cup the five disciplines of Military Pentathlon are symbolised.

3. The Challenge Cup is awarded to the male team champion of the CISM Military Pentathlon World Championship.
4. The annual winner of the Challenge Cup will supply the base of the cup with an inscription including year and country.
5. The team champion of the Military Pentathlon World Championship will hold the Challenge Cup until the next CISM World Championship.
6. The Challenge Cup will be forwarded in due time to the country that organises the following World Championship.
7. The statutes were accepted by the CISM Executive Committee.



16 STATUTES FOR INDIVIDUAL MEN CUP AND PHOTO

1. The Challenge Cup is donated by the Turkish Armed Forces in 2003.
2. The Challenge Cup is a cup with the inscription:

on the front:

CISM MILITARY PENTATHLON

INDIVIDUAL, MEN

FIRST PLACE

TURKISH ARMED FORCES

TURKEY, 2003

8. The Challenge Cup is awarded to the male individual champion of the CISM Military Pentathlon World Championship.
9. **The Delegation of** the annual winner of the Challenge Cup will supply the base of the cup with an inscription including year and country.
10. The champion of the Military Pentathlon World Championship will hold the Challenge Cup until the next CISM World Championship.
11. The Challenge Cup will be forwarded in due time to the country that organises the following World Championship.
12. The statutes were accepted by the CISM Executive Committee.



17 STATUTES AND PHOTO FOR OBSTACLE RELAY MEN CUP

1. The Challenge Cup is donated by the Croatian Minister of Defence, Pavao Miljavac, in 1999.
2. The Challenge Cup is a relay baton, fixed on marble with a gold plated world globe on top, with the inscription:
MILITARY PENTATHLON
OBSTACLE RELAY-MEN
DONATED BY THE MINISTRY OF DEFENCE
OF THE REPUBLIC OF CROATIA,
MINISTER PAVAO MILJAVAC,
ZAGREB - CROATIA
1999 YEAR
3. The Challenge Cup is awarded to the male team champion of the CISM Military Pentathlon World Championship in the discipline Obstacle Relay.
4. The world champion winning the cup will hold the cup until the next Military Pentathlon World Championship where it will be given again to the male team winner of the Obstacle Relay.
5. The cup will become the property of the delegation winning the cup three times in a row, or the world champion who first gains 5 victories.
6. The cup will change hands every World Championship to the winning team of the Obstacle Relay men.
7. The annual winner will supply the base of the cup with an inscription including year and name of country.
8. The world champion of the Military Pentathlon World Championship in the Obstacle Relay men will hold the Challenge Cup until the next CISM World Championship.
9. The Challenge Cup will be forwarded in due time to the country that organises the following World Championship.
10. The statutes were approved by the Permanent Technical Committee of the Military Pentathlon at the proposal of the Committee of the Croatian delegation to CISM.



18 STATUTES AND PHOTO FOR THE TEAM WOMEN CUP

1. The Challenge Cup is donated by the CISM Sport Committee Military Pentathlon in 2010.

2. The Challenge Cup is a silver vase with the inscription:

on the base:

**With the Compliments
of the CSC Military Pentathlon
August, 2010**

3. The Challenge Cup is awarded to the female team champion.

4. The annual winner will supply the base of the cup with an inscription including year and country.

5. The Delegation of the team champion will hold the Challenge Cup until the next CISM World Championship.

6. The Challenge Cup will be forwarded in due time to the country that organises the following championship.

7. The statutes are approved by the Sport Committee.



19 STATUTES FOR WOMEN INDIVIDUAL CUP PHOTO

1. The Challenge Cup is donated by the Danish Chief of Defence, General Christian Hvidt, in 2000.
2. The Challenge Cup is a pewter cup with the inscription:

on the front:

**CISM MILITARY PENTATHLON
INDIVIDUAL, WOMEN**

on the reverse:

**CHIEF OF DEFENCE
DENMARK 2000**

3. The Challenge Cup is awarded to the female champion of the CISM Military Pentathlon World Championship, for the first time in 2000.
4. The cup will become the property of the world champion winning the cup three times in a row, or the world champion who first gains 5 victories.
5. If, after 10 years, nobody has won the cup, the cup will become the property of the champion who has most inscriptions on the cup.
6. The annual winner will supply the cup with an inscription including year, name and country.
7. The champion of the Military Pentathlon World Championship will hold the Challenge Cup until the next CISM World Championship.
8. The Challenge Cup will be forwarded in due time to the country that organises the following championship.
9. The statutes are approved by the Permanent Technical Committee at the proposal of the Danish Delegation to CISM.



20 STATUTES AND PHOTO FOR OBSTACLE RELAY WOMEN CUP

1. The Challenge Cup is donated by the Dutch delegation to CISM

2. The Challenge Cup is a vase with the inscription:

on the base:

**With the Compliments
of the Dutch Delegation
August, 2010**

3. The Challenge Cup is awarded to the female team champion.

4. The annual winner will supply the base of the cup with an inscription including year and country.

5. The Delegation of the team champion will hold the Challenge Cup until the next CISM World Championship.

6. The Challenge Cup will be forwarded in due time to the country that organises the following championship.

7. The statutes are approved by the Sport Committee at the proposal of the Dutch Delegation



21 CHAMPIONS OF CISM WORLD CHAMPIONSHIPS**MEN**

Year	Team	Individual		
1950	France	Lt	Gueguen, E.	France
1951	Sweden	Lt	Lorichs, Bengt	Sweden
1952	Sweden	Lt	Lorichs, Bengt	Sweden
1953	Sweden	Lt	Moberg, Åke	Sweden
1954	Sweden	Lt	Moberg, Åke	Sweden
1955	Sweden	Lt	Rönquist, Göran	Sweden
1956	France	Sgt	Abdeselem, Mohamed	France
1957	France	Sgt	Abdeselem, Mohamed	France
1958	France	Lt	Moore, James	USA
1959	Sweden	Sgt	Lekberg, Stig-Erik	Sweden
1960	Brazil	Capt	Ferreira da Silva, Nilo Jaime	Brazil
1961	Sweden	Sgt	Sahli, Mohamed	France
1962	Sweden	Lt	Christensson, Bengt Åke	Sweden
1963	Sweden	Sgt	Ooms, Michel	Belgium
1964	Sweden	Lt	Christensson, Bengt Åke	Sweden
1965	Brazil	Sgt	Bjerkhagen, Christer	Sweden
1966	France	Lt	Christensson, Bengt Åke	Sweden
1967	Sweden	Lt	Christensson, Bengt Åke	Sweden
1968	Sweden	Lt	Christensson, Bengt Åke	Sweden
1970	Sweden	Adj	Langbour, Jacques	France
1971	Sweden	Sgt	Nilsson, Rolf	Sweden
1973	Austria	Adj	Moreau, Vincent	France
1974	France	UO	Nienaber, Hartmut	FR Germany
1975	Sweden	Gren	Engeli, Ernst	Switzerland
1976	FR Germany	Sgt	Nienaber, Hartmut	FR Germany
1977	Sweden	Sgt	Nienaber, Hartmut	FR Germany
1978	FR Germany	Sgt	Nienaber, Hartmut	FR Germany
1979	FR Germany	Sgt	Nienaber, Hartmut	FR Germany

Year	Team	Individual		
1980	FR Germany	Sgt	Nienaber, Hartmut (WR)	FR Germany
1981	Switzerland	Cpl	Engeli, Ernst	Switzerland
1983	PR China	M.Sgt	Nienaber, Hartmut	FR Germany
1984	PR China	M.Sgt	Nienaber, Hartmut	FR Germany
1985	Brazil	Pte	Bandeira, Ribamar Juvino	Brazil
1986	PR China	M.Sgt	Nienaber, Hartmut	FR Germany
1987	Brazil	M.Sgt	Nienaber, Hartmut	FR Germany
1988	PR China	Lt	Yang Chunyi	PR China
1989	PR China	2.Lt	Liang Xifen	PR China
1990	Brazil	2.Sgt	Bandeira, Ribamar Juvino	Brazil
1991	Brazil	2.Sgt	Bandeira, Ribamar Juvino	Brazil
1992	PR China	2.Lt	Li Zhong	PR China
1993	PR China	Capt	Xinquiao Guo	PR China
1994	Brazil	2.Sgt	Bandeira, Ribamar Juvino	Brazil
1995	PR China	Lt	Li Zhong	PR China
1996	PR China	2.Lt	Zhao Min	PR China
1997	PR China	2.Lt	Silva, Carlos Alberto	Brazil
1998	PR China (WR)	LtCol	Li Zhong	PR China
1999	PR China	LtCol	Yang Chunyi	PR China
2000	PR China	Cad	Liu Wei	PR China
2001	PR China	2.Lt	Silva, Carlos Alberto	Brazil
2002	PR China	Cpl	Palma, Stefano	Austria
2003	PR China	Cad	Feng, Liwen	PR China
2004	PR China	1.Lt	He Shugan	PR China
2006	PR China	Cad	Yang, Shiwei	PR China
2007	PR China	WO	Kanafin, Maxim	Belarus
2008	PR China	1.Lt	Yang, Shiwei	PR China
2009	PR China	S.Serg.	Robert Krawczyk	Germany

WOMEN

Year	Team	Individual		
1991	Norway	2.Lt	Espeland, Helga	Norway
1992	PR China	Cad	Shao Wenfang	PR China
1993	Denmark	KS	Johansen, Charlotte	Denmark
1994	PR China	Lt	Wang Lianying	PR China
1995	PR China	Lt	Wang Lianying	PR China
1996	DPR Korea	Capt	Wang Lianying	PR China
1997	PR China	Mjr	Wang Lianying	PR China
1998	PR China	Mjr	Wang Lianying	PR China
1999	DPR Korea	Lt	Myong Gum Sui	DPR Korea
2000	PR China (WR)	2.Lt	Xu Lei (WR)	PR China
2001	PR China	2.Lt	Xu Lei	PR China
2002	PR China	2.Lt	Wang Ying	PR China
2003	PR China	2.Lt	Wang Ying	PR China
2004	PR China	Capt	Tiann Linna	PR China
2006	PR China	Capt	Tiann Linna	PR China
2007	PR China	Cad	Liu Kun	PR China
2008	PR China	Maj	Tiann Linna	PR China
2009	PR China	Maj	Tiann Linna	PR China

OBSTACLE RELAY

Year	Men	Women
1995*	PR China	DPR Korea
1996	PR China	Denmark
1997	PR China	DPR Korea
1998	Turkey	PR China
1999	Turkey	PR China
2000	Norway	DPR Korea
2001	PR China	PR China
2002	Turkey	PR China
2003	Venezuela	PR China
2004	Ecuador & Peru	PR China
2006	Austria	PR China
2007	Ecuador	Russia
2008	Turkey	PR China
2009	Venezuela (WR)	PR China (WR)

* Demonstration competition on the occasion of the First CISM World Games in Rome

22 VENUES OF CISM WORLD CHAMPIONSHIPS

Number	Year	Venue	Organising Country
I	1947	FREIBURG	France *
	1948	NO World Championship	
	1949	NO World Championship	
II	1950	ANTIBES	France
III	1951	ANTIBES	France
IV	1952	BRUSSELS	Belgium
V	1953	STOCKHOLM	Sweden
VI	1954	ANTIBES	France
VII	1955	BREDA	Netherlands
VIII	1956	ANTIBES	France
IX	1957	BRUSSELS	Belgium
X	1958	ATHENS	Greece
XI	1959	KRISTIANSTAD	Sweden
XII	1960	RIO DE JANEIRO	Brazil
XIII	1961	PARIS	France
XIV	1962	BRUSSELS	Belgium
XV	1963	ROME	Italy
XVI	1964	HASLEMOEN	Norway
XVII	1965	SCHAARSBERGEN	Netherlands
XVIII	1966	BORDEAUX	France
XIX	1967	UPPSALA	Sweden
XX	1968	RIO DE JANEIRO	Brazil
	1969	NO World Championship	
XXI	1970	MORON	Argentina
XXII	1971	ÖREBRO	Sweden
	1972	NO World Championship	
XXIII	1973	WIENER NEUSTADT	Austria
XXIV	1974	SKIVE	Denmark
XXV	1975	EL PALOMAR	Argentina
XXVI	1976	BORDEAUX	France
XXVII	1977	KRISTINEHAMN	Sweden

* Trial competition in the French occupation zone in Germany

Number	Year	Venue	Organising Country
XXVII**	1978	WIENER NEUSTADT	Austria
XXVIII	1979	VATNELEIREN	Norway
XXIX	1980	MUNICH	Germany
XXX	1981	BREMGARTEN	Switzerland
	1982	NO World Championship	
XXXI	1983	FARUM	Denmark
XXXII	1984	STROE	Netherlands
XXXIII	1985	RIO DE JANEIRO	Brazil
XXXIV	1986	WIENER NEUSTADT	Austria
XXXV	1987	STOCKHOLM	Sweden
XXXVI	1988	BEIJING	PR China
XXXVII	1989	CARACAS	Venezuela
XXXVIII	1990	MUNICH	Germany
XXXIX	1991	OSLO	Norway
XL	1992	BREMGARTEN	Switzerland
XLI	1993	SKIVE	Denmark
XLII	1994	RESENDE	Brazil
XLIII	1995	ROME	Italy
XLIV	1996	WIENER NEUSTADT	Austria
XLV	1997	KRISTINEHAMN	Sweden
XLVI	1998	BEIJING	PR China
XLVII	1999	ZAGREB	Croatia
XLVIII	2000	HOLSTEBRO	Denmark
XLIX	2001	ARLON	Belgium
L	2002	SCHAARSBERGEN	Netherlands
LI	2003	TOLEDO	Spain
LII	2004	SANTIAGO	CHILE
	2005	NO World Championship	
LIII	2006	WIENER NEUSTADT	AUSTRIA
LIV	2007	HYDERABAD	INDIA
LV	2008	ANKARA	TURKEY

** As from 1978 the numbers of the World Championships have been changed, due to the elimination of the trial competition in Freiburg, which could not be considered a CISM World Championship.

Number	Year	Venue	Organising Country
LVI	2009	MUNICH	GERMANY

23 CISM WORLD RECORDS

as of January 1st, 2010

MEN

Discipline	Name	Result	Venue	Year
Shooting	TODAL Geir NOR	200 pts	Vatneleiren	1979
	RHÖNNSTAD Krister SWE	200 pts	Stockholm	1987
	STAALE JENSSEN Bjørn NOR	200 pts	Beijing	1998
	KALLMEIER Marco GER	200 pts	Schaarsbergen	2002
	TAS Yasin TUR	200 pts	Schaarsbergen	2002
	KUDZIN Andrei BLR	200 pts	Toledo	2003
	VAN DE CLOOT Davy BEL	200 pts	Toledo	2003
	LIU Wei CHN	200 pts	Santiago	2004
Obstacle Run	NIENABER Peter GER	2:11.9 min	Munich	1992 *
Obstacle Swimming	KOIDL Harald AUT	23.8 sec	Holstebro	2000
Throwing	NIENABER Hartmut GER	136 + 80.3m = 216.3 pts	Farum	1983
Cross-country	CAPPIELLO Giuseppe ITA	24:25.2 min	Moron	1970
Individual	NIENABER Hartmut GER	5682.1 pts	Munich	1980
Team	CHINA: LI Zhong YANG Chunyi ZHAO Min GUO Xinqiao	22 052.5 pts	Beijing	1998
Obstacle Relay	VENEZUELA	1:46.30 min	Munich	2009

WOMEN

Discipline	Name	Result	Venue	Year
Shooting	WANG Lianying CHN	199 pts	Resende	1994
	BERNTSEN Gunhild NOR	199 pts	Hyderabad	2007
	FORSSTEN Ann-Sofies FIN	199 pt	Hyderabad	2007
Obstacle Run	FORSSTEN Ann-Sofie FIN	2:12.4 min	Munich	2007
Obstacle Swimming	WANG Ying CHN	27.6 sec	Holstebro	2000
Throwing	XU Lei CHN	136 + 62.7m = 198.7 pts	Toledo	2003
Cross-country	YIN Li CHN	13:26.7 min	Holstebro	2000
Individual	XU Lei CHN	5526.8 pts	Holstebro	2000
Team	CHINA: XU Lei YIN Li WANG Ying	16 437.2 pts	Holstebro	2000
Obstacle Relay	PR CHINA	1:54.05	Munich	2009

* Continental Championship